

## Abstract of the Disclosure

A seat belt retractor includes a spool for winding a seat belt; a locking mechanism having a locking member rotating with the spool in a normal state and being locked not to rotate in a direction of unwinding the seat belt in an emergency state; and an energy absorbing mechanism provided between the spool and the locking member for absorbing impact energy applied on an occupant when the spool rotates in the direction of unwinding the seat belt relative to the locking member in the emergency state. The energy absorbing mechanism includes an energy absorbing member provided in one of the spool and the locking member, and a deforming device provided in the other of the spool and the locking member for deforming the energy absorbing member. The energy absorbing member has a width partially varied.